

RH MSA SPORTS EVENT

JOIN US FOR MEDICAL STAFF WELLNESS SPORTS!

Starting September 2025, RH MSA will be offering regular group sports activities every Sunday to support physician health. Along with ongoing **pickleball**, we'll host **basketball, badminton, and yoga**. Each member is welcome to bring one guest. Whether you're a new player or experienced, all are welcome!

Time: 3:30–5:30 PM, Sundays,
Sept 14–Dec 14

Location: Sea Island Elementary
School, Richmond

Leads: Drs. David Li and Eliza
Chan

